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Robert Monroe's research. Do entities feed off of our positive or negative emotions?

Basically "loosh" is emotional energy that is produced by humans and animals. According to Monroe's book "Far Journey's", "they" not only use low vibrational energy to feed themselves (such as pain, grief, fear, anxiety) but apparently they even feed off of higher vibrational emotions such as love. However it's important not to generalize, according to the data I have stumbled across through the years, the vast majority of entities only feed off of low vibrational, negative energy, however different types of beings require different types of vibrational energy in order to survive.

In his book, Monroe wrote that our creators intentionally equipped animals with devices like fangs and claws in order to prolong predator-prey combat and thereby produce more loosh (the low vibrational energies of suffering, pain, fear, etc). He also said that loosh is harvested from the loneliness of animals and humans. Loneliness is ofcourse, another type of low vibrational energy.

Here's some references from Monroe's book Far Journeys about the energies being harvested from us:

"The most common have been named **love, friendship, family, greed, hate, pain, guilt, disease, pride, ambition, ownership, possession, sacrifice—and on a larger scale, nations, provincialism, wars, famine, religion, machines, freedom, industry, trade, to list a few. Loosh production is higher than ever before**"

"as the **struggles** ensued, the Mobiles were emanating Loosh! Not in fractional amounts, but in sizable, usable quantities and of a much higher purity"

"**Conflict** among carbon-oxygen cycle units brings forth consistent emanations of Loosh. It was as simple as that. Satisfied that he had found the formula, Someone prepared the Fourth Crop"

"The new Mobile would be somewhat smaller, but would require the ingestion of other Mobiles for nourishment. This would solve the problem of overpopulation of Mobiles, **and at the same time would create good quantities of usable Loosh during each conflict-struggle, plus a bonus if the new class of Mobile terminated the life span of the other.** Someone would be able to transmit to Somewhere practical amounts of reasonably pure Loosh".

"The result was a steady flow of Loosh—from the life-span termination of the Stationaries, **from the intense conflict among the Mobiles to avoid ingestion, and finally from the sudden termination of the life spans of such Mobiles as the inevitable product of such conflicts**".

"Thus the need for mobility would be ever-present and **the conflict between this need and that of energy replacement would be constant—possibly a continuous high-order Loosh emanator if it survived**".

"The balance of "life" operated perfectly, **with the Conflict Factor producing immense amounts of Loosh** and a steady supplement brought into being by the constant life-span terminations **from all types of Mobiles**

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of terminating the spans of hundreds of the Earth crop as they were crushed under the rolling base formation or smothered under waves from the agitated liquid area of the Garden".

"The unit was **lonely!** It was this effect that produced distilled Loosh".

"To put the formula into effect, Someone designed subtle changes in his Garden, all of them familiar to every historian. The splitting of all Crop units into Halves **to engender loneliness as they sought to reunite"**

From Monroe's own statements it's pretty clear that they want us to be miserable and in constant conflict with each other (same thing with the animals) because the main source of energy that they like to feed off of is low vibrational emotional energy such as pain, fear, anxiety, terror, etc.

However, there isn't a single person or researching method in the world that will cover everything we need to know about this reality and this is why I think it's important that we research this from multiple angles/perspectives, so that we can get as close to the truth as we possibly can. Monroe's work is just one perspective.

After having researched past life regression hypnosis data, remote viewing data, gnosticism, and the way our reality works it appears that the majority of inter-dimensional beings/entities absolutely do prefer our lower vibrational energy as opposed to our higher vibrational energy. That is the repeating pattern from all these researching methods: lower vibrational loosh and Monroe's research and experiences out of body confirmed it for the most part.

Other sources unrelated to Robert Monroe or out of body experiences talking about loosh harvesting:

One more aspect that must be emphasized is that Robert Monroe was not all-knowing. He has explained to us what this reality is about to the best of his ability based on what he found out from his out of body experiences, but in order for us to even attempt to see the greater picture, the research must not stop at his books. Other sources and materials need to be researched, so that we can put more and more puzzle pieces together to try to make more and more sense of the world we live in. From what i've seen, most people who have read Monroe's books stopped there with their research and did not investigate what this reality is about any further, thinking they now have all the answers. Even if you do investigate this reality from every aspect/angle possible, you will probably still not be able to see the complete picture, let alone if you stop at Monroe's books, like most people do.

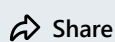
Even if we were to take Monroe's loosh stuff out of the equation and pretend like Monroe and his books never existed, it would change absolutely nothing in regards to this sub and the prison planet theory because there many are other sources which confirm the same concept of humans being energetically harvested by other-worldly beings for their own benefit, just like us humans farm the animals here on Earth for our own benefit.

- Many different past life regressionists have found that the concept of loosh harvesting is 100% real and **that it is absolutely not something that benefits humanity in way**, quite the opposite, what these regressionists have found is that these entities are extracting vital, sexual and other types of low vibrational energies from people (depletion of energy which over time manifests as physical disease for

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sessions (possibly thousands, since i've not seen them all) revealing that these beings don't give a damn about humanity's evolution and that all they're interested in is to enslave, control and farm humanity. [In this post, scroll down to "Evidence #1: The perspective of past life regression hypnosis"](#) and you will find links to some of these regressions there. The common theme that these regressions reveal? **Inter-dimensional beings, in the vast majority of cases Reptilian & Mantis beings, that take advantage of us and feed off of many different human energies, especially the low vibrational ones, because they benefit from doing so, not because they "care about humanity's evolution".**

- [The gnostic Nag Hammadi texts](#) talk about our souls being trapped in the physical/material realm. According to the Gnostics, the 'Archons' not only use us as an energetic food source but they also prevent our souls from leaving the material realm upon the death of our physical bodies. The Gnostic texts describe at length the manipulation of humankind by what they call non-human 'Archons' or rulers. The soul trap is also mentioned in [The Secret Book of John](#).
- Alien abduction investigator Dr. Karla Turner wrote 3 books in which she exposed the alien agenda concerning humans and our planet, based on her own extensive research. [She found that the ETs are interested in harvesting us energetically, that they are master manipulators who use advanced technology to pose as benevolent beings and that they exploit and manipulate humanity in the most horrible ways imaginable.](#)
- There's a group of remote viewers who were tasked to see what this reality is about and what happens when we die. One of the things that they have found is that these beings are harvesting our energy/loosh for their own benefit. [You can watch their full project here.](#)
- Rudolf Steiner who lived between 1861-1925, was one of the most prolific and important scientists and esotericists of his time. Through his research, [he found that low vibrational energies that humans generate are being used as food by inter-dimensional beings who reside in the spiritual realms.](#)
- Different shamans from different parts of the world namely Credo Mutwa from Africa and Don Juan from Mexico have both said that predators from the unseen have enslaved humanity and that they use human beings as a food source. Credo Mutwa refers to the Reptilians as the "Chitauri". [Here is a 6 hour long video of Credo Mutwa talking about these beings whom he says feed on human emotions and that they are in control of this planet.](#) In his book called 'The active side of infinity', shaman Carlos Castaneda wrote that predators from the unseen have enslaved humanity and that they use us as a food source. [You can find some references from his book about this here.](#)
- [In 1995, Phil Schneider, a whistleblower](#) who used to work on black projects inside deep underground military bases said that "the aliens view the human being as a bag of food". He explains that they do not physically eat us, but that they use us as energetic food.



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FrogFlakes • 4y ago • Edited 4y ago

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I think they take what they can get. Since entities hate humans and have a pessimistic view of them, they rely on the majority falling victim to their own egos. Even if a human reaches higher vibration, ultimately they become arrogant, experience moral injury after riding the high, and sink even lower than they were initially.

The safest place to be is in a state of "zen", "flow", "calm", or even stoic rationality. Accept the absurdity of our circumstance and not take the simulation so seriously. I think this causes the simulation itself to lash out and create even more outlandish or potentially "catastrophic" events to try and disturb an individual's inner peace. I think that's why the world, media, oligarchs, etc. go out of their way to exaggerate the negativity of events. The importance of these events demands us to willingly accept this overblown, polarizing narrative and usually requires us to participate in mass hysterics, ritual, anything to keep our fear high and the loosh flowing.

41 Reply ...



NoRetributionNoPeace • 4y ago

Even if a human reaches higher vibration, ultimately they become arrogant, experience moral injury after riding the high, and sink even lower than they were initially. The safest place to be is in a state of "zen", "flow", "calm", or even stoic rationality.

Agreed. And zen and stoicism are not "love" or "light" or "positivity". There have been very arrogant posts on this sub not so long ago, where the poster would tell others how to feel or not feel and shame them for "blaming the archons for their problems", completely twisting what people had been sharing and what the sub is about. These posters would always tell others to "raise vibrations" instead, as some sort of highly esoteric knowledge they were so generously imparting, and always say at the end that they "love" everybody. Never mind their whole post was nothing but ego and lack of empathy. Zen and stoicism are honest, most "love" (in this matrix) is not. We inherited a definition of high vs low vibration feelings and emotions from new age and most cling to it like it's their mommy. If the emotion is not pure and rooted in truth and reality, the archons will feed on it and not give a damn whether some ant human thinks it's a "positive" one or a "negative" one.

9 Reply ...



davidvidalnyc • 3y ago • Edited 3y ago

Feels like a trap, doesn't it? Can't go forward, because you reach Eagle-height and then either everything is glorious and you're aloof - or everything is now either something you ignore or food? Maybe?

And the other one, going backwards- well that's just porn.

And yet, porn feeds actors and actresses. The (seemingly) irreparably lonely find cold comfort in porn...

If I *could* offer advice (which I ABSOLUTELY don't!), it's to remember that The Enemy is ancient and far more clever than even an A.I. augmented human (one day) and may not always be an enemy?

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Can't, I meant Heaven.

Can't!

He CAN'T enter Heaven (whatever that may be... Candyland, Marvel versus DC, I dunno, *YOU* pick?), so then simply being THERE means you're Free, and those benevolent laughter-seeking Orgasms (saaaay, didn't someone once post how there's only a qualitative difference between Mary Poppins and Pennywise? I don't think that post's OP was a Stephen King alt, right? God, that's an Artist who won't *STOP* listening to his Dark Muse. Becoming a Towering problem, really....) would just , where was I?

Right, Heaven! Something something deep and profound, like: "In Hell everyone fights to feed themselves, in Heaven everyone cooperates to feed each OTHER"... oh, and NIT advising, might wanna at least get BOTH SIDES to finally TALK to each other?? Maybe??

[By the way, I've had to stop writing this several times. Many things tried to interrupt. Odd, right? Almost like there are eyes watching you everywhere, literally and symbolically? 🕸]

Anyway, I TRULY LOVE this OP's take that no one single philosophy, nor religion, nor govt-controlled psychic program, would ever give you the entire Truth.

And, to get your message across - but prevent the despotism and tyranny that seem to come with Greek Godlike powers and extended age - I suppose you WOULD have to hide the real message, until those who are ready can find it for themselves, but only to have certain insights confirmed. Because demons deal in revealing "hidden secrets" and "hidden truths". So, remember, Truth-seeking IS Power-seeking.

So, I suppose you'd have to un-EARTH all the clues with GOOGLE, by yourself, yeah?

Just go to the Ends of the Earth, where "There Be Dragons" (metaphorically speaking) and just search for clues under every stone, every mound, at the shoreline of every continent and island on Earth for clues (metaphorically speaking, of course).

That might be the only clue(s) - I mean AD-VICE that I could offer? And I couldn't even take credit for them, as they were given to me and who knows HOW many others, nearly a month ago! So, these ideas aren't original, nor even timely; they've been out there since BEFORE a month ago (as by the time I got to them, they'd already been plastered throughout, for over 2 weeks previous).

I mean, how could anyone take credit for Truths that can either be supported by evidence-based Logic or Quixotic coincidences and accidents?

Or even BOTH? Maybe?

Ah, who knows, maybe I'm NIT choosing my words carefully, and am instead just a crazy, rabid desert dweller, who likes to blow up birds with mail-order TNT bombs?

I'd have to take a Good...Long .. Hard... look in the Mirror, in order to find out, Yes?

But then, that is ALSO Power -

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Can one escape the Loosh farm?

r/EscapingPrisonPlanet • 5d ago

Lol

1.1K upvotes · 114 comments

r/EscapingPrisonPlanet - Lol

r/EscapingPrisonPlanet • 6d ago

What is this? Aliens vs Predators?

848 upvotes · 76 comments

r/EscapingPrisonPlanet - What is this? Aliens vs Predators?

r/EscapingPrisonPlanet • 6d ago

True happiness does not come from flesh

446 upvotes · 79 comments

r/EscapingPrisonPlanet - True happiness does not come from flesh

r/EscapingPrisonPlanet • 4d ago

Who runs the world

259 upvotes · 59 comments

r/EscapingPrisonPlanet - Who runs the world

r/EscapingPrisonPlanet • 4d ago

It's the phone...

227 upvotes · 28 comments

r/EscapingPrisonPlanet • 6d ago

"God" works in mysterious ways. We will just never understand its all knowing "divine wisdom". Stop asking questions, just keep praying and worshipping.

175 upvotes · 19 comments

r/EscapingPrisonPlanet - "God" works in mysterious ways. We will

r/EscapingPrisonPlanet • 2d ago

The Dark Crystal (1986) movie exposes loosh harvesting of "vital essence".

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161 upvotes · 25 comments

 r/EscapingPrisonPlanet • 6d ago

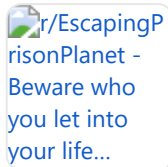
Epstein files. What are they NOT telling us?

138 upvotes · 19 comments

 r/EscapingPrisonPlanet • 4d ago

Beware who you let into your life...

128 upvotes · 22 comments



 r/EscapingPrisonPlanet • 3d ago

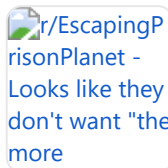
The world is made for the evil

123 upvotes · 48 comments

 r/EscapingPrisonPlanet • 11h ago

Looks like they don't want "the more disturbing inter-dimensional truth" to come out and apparently "the UFO phenomenon has a satanic/demonic origin". Translation:...

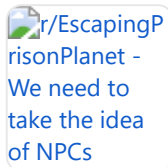
119 upvotes · 36 comments



 r/EscapingPrisonPlanet • 6d ago

We need to take the idea of NPCs seriously. If there are fake individuals amongst us whose entire purpose is to keep you in line on the plantation, then that is an existential threat that...

107 upvotes · 86 comments



 r/EscapingPrisonPlanet • 1d ago

Combatting Prison Planet

90 upvotes · 60 comments

 r/EscapingPrisonPlanet • 5d ago

"High cost of living "

83 upvotes · 17 comments

 r/EscapingPrisonPlanet • 5d ago

Prison Planet is not about the society you live in

82 upvotes · 61 comments

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 r/EscapingPrisonPlanet • 7d ago

The “New Earth” spiritual movement is a psyop.

66 upvotes · 40 comments

 r/EscapingPrisonPlanet • 6d ago

Aliens Files

 r/EscapingPrisonPlanet - Aliens Files

61 upvotes · 46 comments

 r/EscapingPrisonPlanet • 6d ago

Do good people die young because they produce less loosh?

56 upvotes · 28 comments

 r/EscapingPrisonPlanet • 3d ago

So do you guys think there is a Good God?

48 upvotes · 107 comments

 r/EscapingPrisonPlanet • 1d ago

John Keel’s Ultraterrestrial Theory: Why Beings Shift Based on the Observer’s Beliefs and How it Relates to PPT

47 upvotes · 7 comments

 r/EscapingPrisonPlanet • 6d ago

Today I realized, you have to be some type of a prick, asshole, narcissist, or just embrace your dark side to not be attacked by the system

45 upvotes · 18 comments

 r/EscapingPrisonPlanet • 7d ago

Why do the powers that be drop so many clues and hints about the true nature of reality?

43 upvotes · 34 comments

 r/EscapingPrisonPlanet • 6d ago

How they keep us enslaved is more sophisticated and subtle than you might imagine.

37 upvotes · 11 comments

Q X

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CASE #425

Playwright Render

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